

Southwest Gastroenterology Associates  
525 S W 80<sup>th</sup> Suite 200  
Oklahoma City, Ok 73139  
Office 405-631-0481 Fax 405-631-9025  
**Esophagogastroduodenoscopy Appointment Information E.G.D**

Procedure Date : \_\_\_\_\_

Check In Time : \_\_\_\_\_ Procedure Time : \_\_\_\_\_

Facility:

OCOM Hospital **Address:** 8100 S Walker Ave Building C Oklahoma City, OK 73139

Southwest Medical Center **Address:** 4401 S Western Oklahoma City, OK 73109

Community Hospital **Address:** 3100 SW 89th Street Oklahoma City, Ok73159

**WHAT TO BRING:**

- Someone to drive you home. You will be unable to drive home. Please have someone accompany you to the facility that can drive you home safely and stay with you for the first 24 hours after you procedure. Anesthesia will be given during your procedure. **If you have not arranged for someone to drive you home, your procedure may be cancelled.**
- It is very important to have someone with you during the time you are in the hospital so the physician can speak with them after the procedure.
- Your insurance cards and driver's license.
- A list of your medications.

**WHAT TO WEAR:**

- Wear comfortable, loose fitting clothing. Please leave jewelry and valuables at home.

**PREPARATION:**

- Nothing to eat or drink from midnight the night before your procedure.
- **PLEASE NOTE: IF YOU ARE HAVING A COLONOSCOPY ON THE SAME DAY \*FOLLOW COLONOSCOPY INSTRUCTIONS\***
- DO NOT smoke, chew tobacco or have any oral tobacco products after midnight the night before you procedure.

**MEDICATION INSTRUCTIONS:**

- If you take medication for cholesterol, blood pressure, thyroid or any other medication other than ones listed **please take as prescribed by your physician**, if you normally take it in the am, on the day of your procedure you may take it with a very small sip of water.
- **7 days prior STOP** all medications that contain blood thinners such as:

\*Aspirin \* Aspirin Products \*Iron \*Fish Oil \*Omega 3 \*Folic Acid \*CO Q10 \*Vitamin E  
\*NSAIDs such as Motrin, Naproxen, Advil & Aleve \***TYLENOL** products **are OK**

- **The below** medications **may** need to be held 3-7 days prior to your procedure with prescribing Physicians approval. **\*Once we have approval from your physician we will contact you with instructions. Continue medication until the office calls you with instructions.**

*Pletal (Cilostazol)	*Aggrenox	*Agrylin (Analgreilde HCl)	*Warfarin	*Eliquis
*Plavix (Clopidogrel)	*Arixtra	*Trental	*Effient	*Ticlid
*Coumadin	*Pradaxa	*Brilinta	*Xarelto	

### **Weigh loss medication**

**Phentermine** to be stopped 7 days prior to procedure

### **DIABETIC INSTRUCTIONS:**

- Diabetic Pills  
\*On the day of your procedure do not take your morning dose.
- Diabetic Injections  
\*On the day of your procedure do not take your morning dose.
- Please bring your medication with you to the procedure.

### **Hospital Pre-testing/Preadmission:**

Per Hospital guidelines you may be required to have additional testing done prior to your procedure; the Hospital pre-testing department will call and arrange this for you.

### **PRE-PROCEDURE INFORMATION:**

Upon arrival at the hospital, you will be asked to complete any necessary admission paperwork. You will be assisted to the procedure room and the anesthesiologist will administer anesthesia. The procedure approximately takes 15-25 minutes.

### **POST-PROCEDURE INFORMATION:**

After the procedure you will remain in the recovery area for an additional 45 minutes to one hour. After you wake up, you must not have anything to eat or drink for one hour. Written instructions will be provided. You will not be able to make any important decisions and must stay around the house and possibly have someone with you for the rest of the day.

### **UNUSAL SIDE EFFECTS:**

**\*Fever over 100 degrees      \* Unusual chest pain      \* Dark bowl movements**

Any of the symptoms above may indicate a complication of the procedure and should be brought to the attention of your physician immediately.

### **TEST RESULTS: Test result request line 405-634-7019**

To obtain your test results please call our test result line 7 days after procedure.

### **Billing:**

Just as a reminder we want you to be aware that you will be receiving statements from the following:

**SW Gastroenterology Associates** - This will be for Dr. Kurella's services

**OCOM Hospital / Community Hospital / SWMC or Baptist Hospital** - This is the facility where your procedure was done

**Anesthesiologist** - This will depend on who performs your anesthesia during the procedure

**Miraca Life Sciences or Heartland Pathology** - You will only receive a statement from here if you have biopsies during your procedure.