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CLENPIQ Bowel Prep Instructions

- On _____, the **day prior** to your procedure, you will be **restricted** to a **liquid** diet for **the ENTIRE day**. Absolutely **No solid** foods. **No smoothies**.

You **may** choose from the following:

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|------------|-----------------------------------|
| *Water | *Broth (beef, chicken, vegetable) |
| *Ice | *Soft Drinks |
| *Coffee | *Tea |
| *Jello | *Clear juices |
| *Popsicles | * Sugar or sugar substitute |

- Liquids you **CAN NOT** consume:
***No dairy products** ***Nothing with red or purple** *** No pulp products**
 - You **MUST** drink 8 ounces of liquid or more every hour **all day** until bedtime. It is **VERY** important to **STAY HYDRATED** while on your liquid diet. If you do not drink plenty of liquids the prep will not work as well and could cause you to have a failed prep. **The key to a great prep is staying hydrated.**
 - At **5:00PM** Drink the entire bottle of Clenpiq.
 - After you finish the contents it is **VERY** important to drink an **additional (5) 8 ounce drinks** of liquid, taken at your own pace within the **next 5 hours**, before bed.
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- On _____ at _____ am (**The morning of your procedure**) Drink the **Entire** second bottle of Clenpiq. You **MUST** drink this second bottle.
 - After you finish the contents it is **VERY** important to drink an **additional (3) 8 ounce drinks** of clear liquid, taken at your own pace within the next 2 hours. This will complete your Colonoscopy preparation.
 - At _____ am **STOP ALL LIQUIDS** completely prior to your procedure.
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